



**CONROE**

INDEPENDENT SCHOOL DISTRICT  
*Committed to Excellence*

### Seizure Action Plan

School Year 20\_\_/20\_\_

(To be completed by treating healthcare provider)

Name: \_\_\_\_\_ Student ID: \_\_\_\_\_ DOB: \_\_\_\_/\_\_\_\_/\_\_\_\_

Seizure triggers or warning signs: \_\_\_\_\_

CISD staff will **administer medication(s)** as prescribed, **call 911 for emergency medication administration**, and **notify parents** of action plan initiation.

#### MEDICATION(S)/TREATMENT

Daily medication: \_\_\_\_\_

(include dose, time, and route)

Emergency medication: **call 911**

Diastat® \_\_\_\_\_ mg rectally as needed for:  
seizure > \_\_\_\_\_ minutes OR  
\_\_\_\_\_ seizures in \_\_\_\_\_ hours

Other: \_\_\_\_\_

(include dose, time, and route)

Vagus Nerve Stimulation (VNS): **call 911 at 5 minutes**

- Swipe magnet at seizure onset
- Swipe for report of aura
- Repeat swipe \_\_\_\_\_ times every \_\_\_\_\_ minutes if seizure persists
- Other: \_\_\_\_\_

#### SEIZURE DESCRIPTION

Seizure type: \_\_\_\_\_

Seizure description: (check all that apply)

- Convulsions     Involuntary rhythmic movements
- Staring         Unconsciousness
- Stiffening      Facial tics

(other information, including average length, frequency, and observations): \_\_\_\_\_

Does student need to leave the classroom after a seizure:  
YES NO If YES, describe process for returning student to classroom.

#### SEIZURE FIRST AID

- Stay calm and contact the school nurse
- Track seizure start time
- Do not restrain or remove from wheelchair (unless emergency medication must be administered)
- Do not put anything in mouth
- Remain with student
- Protect head

#### EMERGENCY SEIZURES (call 911)

- Seizure lasting longer than 5 minutes
- Student does not regain consciousness
- Student has a first time seizure
- Student is injured or has diabetes
- Student has difficulty breathing
- Student has a seizure in water

\_\_\_\_\_  
Printed name of HCP

\_\_\_\_\_  
Signature of HCP

(\_\_\_\_) \_\_\_\_-\_\_\_\_  
Phone number

\_\_\_\_/\_\_\_\_/20\_\_\_\_  
Date

I agree with the recommendations of my child's HCP and authorize CISD staff to deliver treatment as outlined above. I also give permission for my child's HCP to communicate with appropriate CISD employees regarding this seizure action plan for the current school year.

\_\_\_\_\_  
Printed name, parent/guardian

\_\_\_\_\_  
Signature parent/guardian

(\_\_\_\_) \_\_\_\_-\_\_\_\_  
Phone number

\_\_\_\_/\_\_\_\_/20\_\_\_\_  
Date