

# Grand Oaks High School

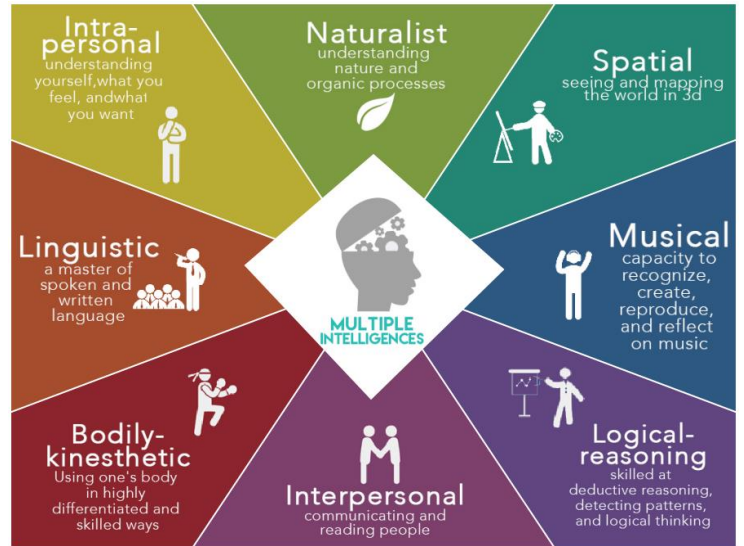
## Grizzly Den Class List 2019-20 - Student Version

### What is the purpose of the Grizzly Den period?

The Grizzly Den was created as a period that allows you to explore your passions during the school day while bonding with other students and a teacher that share similar interests. It should not be seen as a study hall or a “do nothing” period.

### How can I find the right Grizzly Den for me?

All Grizzly Den classes are organized by the multiple intelligence they most closely match. If you are having trouble choosing a course, think about a multiple intelligence area you like best and look at that class list. No matter your interests, we have a class for you!



### How will I be placed in a Grizzly Den?

We will have 2 semesters of Grizzly Den (Semester

1: October - February 14 and Semester 2: February 17 - May 15) so you can explore different topics each semester. Your Grizzly Den will be scheduled just like other courses in your schedule. You will submit your first, second, third, and even fourth choice for Grizzly Den by filling out a Google Forms survey. Your requests will be loaded into our scheduling software and you will be scheduled in the highest priority request that is available. Remember that you may not get your first course request due to class size limits, so be sure to choose your 2nd - 4th choices carefully.

### Can I change my Grizzly Den class?

Your Grizzly Den class is chosen by you so be sure to read the course descriptions of each course carefully. We will NOT be making schedule changes.

**Note:** Some students will be scheduled into a Response to Intervention (RTI) or End-of-Course (EOC) Grizzly Den for English, Math, and Science.

## ***Bodily/Kinesthetic (Movement)***

Interested in: Body/Health, movement, dance, sports, fantasy sports, working with your hands

<b>Course #</b>	<b>Grizzly Den Course Name</b>	<b>Course Description</b>
61	<b>Health of Natural Hair</b>	learn how to care for your natural hair to keep it healthy
15	<b>Texas Outlaws</b>	Two Step is a must learn dance for anyone who lives in the great state of Texas! Whether you enjoy listening to country music and wearing cowboy boots or not, country dancing is fun for everyone. If you are interested in learning the Two Step, Line dances and other Country Western dances in a fun, laid back setting then this is the Grizzly Den for you! So dust off those boots and join now!
85	<b>GRAND Yoga</b>	Come stretch your mind, body, and spirit as you journey through yoga with your peers in GRAND Yoga! This is perfect for yogis of all levels- if you've never done yoga before or you love to go with your flow. Join us as we explore yoga poses, the power of mindful thinking, and connecting with yourself. No equipment or experience necessary- just be willing to try something new!
78	<b>Becoming a Yogi 101: Yoga for the Untalented</b>	Calling all wanna-be yogis! Have you ever thought about starting yoga but have absolutely no idea where to start or the bodily capacity to do anything remotely flexible? Then you belong in this group! Join me as I watch beginner's yoga Youtube videos and attempt to master the infamous downward dog. Each Grizzly Den will focus on a 30 minute yoga session. You will need to bring a change of clothes and a yoga mat, if you have one. This class is only for beginners
63	<b>HOSA</b>	HOSA - Health Occupation Students of America Organization Competition and Networking
39A	<b>HOSA Competition Prep. (SEMESTER 1 ONLY)</b>	This is for paid members of HOSA who are participating in COMPETITION this year. If you would like assistance/practice with your event this is the place for you. If you are NOT competing and want to be in a HOSA Grizzly Den sign-up in Mrs. McGregor's den.
39B	<b>HOSA Lounge (SEMESTER 2 ONLY)</b>	If you are a HOSA member and want to talk about medicine, current events, the last episode of a medical show, or just student life while playing cards and games this is the right Grizzly Den for you. Come to sit back, relax, and have some fun!
76	<b>Health is wealth, a choice to live a healthy and active lifestyle.</b>	The Health is Wealth program highlights long-term, sustainable changes to live a healthier life. This program consists of diet and physical activity recommendations.
75	<b>Weightlifting and Exercise Physiology</b>	This topic covers multiple lifting and exercise training techniques for a wide range of body types. Concepts such as periodization, hypertrophy, flexibility, and even nutrition will be covered. Whether it's strength gains, muscular endurance, or cardiovascular training, this Grizzly Den will be open to anyone who is interested in improving their overall physical fitness!
88	<b>History of Wrestling and its influence on modern day combat sports.</b>	We will look at the history of wrestling by exploring the first Olympics to modern day MMA matches. We will look at foundations of Folkstyle, Freestyle & Greco-Roman wrestling. During the second semester we will study Sumo-Wrestling & the influence on martial arts.

***Bodily/Kinesthetic (Movement) Continued...***

90	<b>Dodgeball!</b>	Students will learn rules, history, and play dodgeball.
10B	<b>Softball for All (SEMESTER 2 ONLY)</b>	If you enjoy watching softball and want to learn more about the game this is the place for you. We will be watching games, discussing strategies and learning about the different positions on the field.
25	<b>Sports Fans</b>	The Informational Mecca for all Sports Fans
34	<b>MLB fanatics</b>	All things Major League Baseball. If you're an avid MLB fan, this is class is for you. Playoffs, Hall of Fame, legends of the game, current standings and history of the game we love and much more.
12A	<b>Fantasy Football Fanatics (SEMESTER 1 ONLY)</b>	Each week. We will pick a fantasy team where the students will pick specific players that the students would want to have on their team and the one with the highest score after that week will win.
12B	<b>March Madness Maniacs (SEMESTER 2 ONLY)</b>	Each student will fill out a bracket during the NCAA Tournament. The students will watch highlights as well as even a live contest if a game is going on during the Grizzly Den period. The one with the best bracket at the end of the Tournament will be the ultimate winner.
70A	<b>Fantasy Sports: Football / Basketball (SEMESTER 1 ONLY)</b>	Fantasy Football will be in full swing with Fantasy Basketball getting ready to start. For Football we will talk about who to pick up and drop from week to week, trades, favorable match ups and general strategies to make the playoffs and bring home that Trophy. For Basketball we will create leagues, help you prep for your draft, and see who has the most Hoops Fantasy knowledge.
70B	<b>Fantasy Sports: Basketball / Baseball (SEMESTER 2 ONLY)</b>	For Fantasy Basketball will be looking at players on the rise/decline, possible keepers, trades, and how to make to the end of the year at the top of the standings. For Fantasy Baseball we will create leagues, help you prep for your draft, and see who has the deepest roster for the longest grind of a season.
47	<b>NBA Focus</b>	We will examine the week to week news and results of the NBA as well as have deep discussions on several topics such as who's the G.O.A.T., LeBron vs Kobe, as well as current trends in the NBA from a strategic standpoint.
13	<b>FIFA PS4 soccer club</b>	Students that are FIFA-fans can come out to play their favorite video game and battle each other or have tournaments.
59B	<b>Grizzly MotorSports (SEMESTER 2 ONLY)</b>	Come in and talk about Motorcycles, Hot Rods and Classic Cars!
40	<b>MotorHead Zone</b>	Do you like cars, motorcycles, airplanes, engines, etc...? Would you like to learn a little bit about the history of different famous brands, models and racing leagues? Everyone is welcome!
65	<b>Destination Imagination</b>	Are you creative and interested in STEM based activities? Destination Imagination (DI) is the PERFECT place to explore your passions, discover your unique talents and abilities, and learn new skills. DI teams work collaboratively in the areas of Technical, Scientific, Engineering, Fine Arts, Improvisational, Service Learning and Early Learning to solve challenges and develop creative and critical thinking skills in the process.

***INTERpersonal (People)***

Interested in: Meeting new people & cultures, public service, entertaining, business

<b>Course #</b>	<b>Grizzly Den Course Name</b>	<b>Course Description</b>
80	<b>Student Council</b>	Do you have a lot of enthusiasm and spirit? Are you interested in community service? Do you want to protect the environment? Are you focused on living a healthy lifestyle? Well, these concepts and many more are what Student Council is all about! So, if you want to share your ideas about what you want Grand Oaks to be, then voice those thoughts and get them into action with us!!
79	<b>Stranger Things Fan Club</b>	Are you a fan of the hit Netflix show Stranger Things? Get together with like-minded people to learn more about the characters, the 1980s, and the small details that make the show so awesome. Along the way we'll play Stranger Things trivia, enter the world of the Upside Down by making slime, and decode the hidden message from Joyce's Christmas lights!
5	<b>Grizzlies for Kindness</b>	Do you think there needs to be more kindness in our school? In our community? In our world? If you answered yes, then this Grizzly Den is for YOU! Come in, get comfortable, relax, and let's come up with KIND things to do for others in our school and community. Let's make a difference!
64	<b>Theatre Appreciation</b>	Interested in Theatre or entertainment? Come to this advisory to discuss styles, trends, and genres of performance. We will cover all aspects of show business, including actors performing in the field, technical theatre, and even what's happening in the industry right now and in the past. We will also have time to listen to music and view live performances. This is open to all students, not just those already in a performing arts elective. As time permits, we will also be holding workshops to improve Improv and Acting skills and techniques.
41	<b>Motivation 101</b>	In this class, students will come up with topics in motivation that are specifically aimed at teens. We will shoot, edit, and produce YouTube videos, as well as help aide in building motivation and character to all Grizzlies at Grand Oaks.
31	<b>Interact Club</b>	The Grand Oaks High School Interact Club is a service organization were students volunteer their time to help their school and community as they become better leaders. Interact is an international organization sponsored by The Woodlands Rotary Club. The word Interact stands for international action.
100	<b>FCCLA: Family, Career and Community Leaders of America</b>	Students who are in a FCS class may join FCCLA. In this Grizzly Den we will focus on fun activities to enrich our lives and the lives of others. We will build relationships with each other and prepare for competitions. FCCLA is a national career and technical student organization that provides personal growth, leadership development, and career preparation opportunities for students in Family and Consumer Sciences Education.

## ***INTERpersonal (People) Continued...***

32	<b>AP Ambassadors</b>	AP Ambassadors: Leading and guiding future successful students. This class will provide leadership opportunities that are coveted for university applications. Students have the opportunity to lead and guide underclassmen to become successful AP students along with earning a letter.
32*	<b>Model UN</b>	<b>Model United Nations</b> , also known as <b>Model UN</b> or MUN, is an extra-curricular activity in which students typically roleplay delegates to the <b>United Nations</b> and simulate <b>UN</b> committees.
87	<b>Early Childhood Education</b>	The purpose of the Early Childhood Education Den is to provide opportunities for personal development and preparation for adult life, to strengthen the function of the family as a basic unit of society and to effectively advocate for children through cooperative action in the home and community.
6	<b>Happy Hands Club</b>	The thing with every language is that we literally speak it, but have you ever thought about learning a language in which all you use are your hands? Maybe you do when you're trying to communicate a message to your friend across the room but that's probably not a proper language, just a fun way to "speak" a secret language. There is a language used by 500,000 people in America and Canada through hand motions. This language has more than 50,000 signs, and is known as American Sign Language or ASL. Come explore this unique language and get a sample of what signing is all about.
93	<b>Let's Write and Film a Sitcom!</b>	Do you like shows like The Office or Parks and Recreations? Ever thought it would be fun to make a comedy show? From the writers's room to the screen, wouldn't it be fun to write a sitcom that takes place at school? This facility will allow us to tell fun stories! Let's plan, write, film, act, and sound mix our very own school sitcom!
81B	<b>World Travel</b>	Research and plan world travel trips for students at GOHS
84	<b>Compassion Club</b>	<p>Join us as we promote and encourage kindness and love within our school, homes and community!</p> <p>The Compassion Club was established in September 2017 to honor the memory of Gage Schroeder, a kind-hearted and vibrant boy who passed away when he was 14 years old. Compassion Club is designed to unite students in spreading compassion within our school and throughout the community. Through weekly student-led discussions of values like friendship, kindness, empathy and forgiveness, participants gain a sense of belonging and connection with those around them. This unique club will create an inclusive school climate of acceptance for all students, with and without disabilities. Be here. Be you. Belong.</p>



71	<b>Histories Mysteries</b>	Histories Mysteries will look at current history topics being researched and studied today. We will explore current topics in US and World History. In the spring this full year Grizzly Den will create the first Rho Kappa Chapter- History honor society.
<b><i>INTERpersonal (People) Continued...</i></b>		
65	<b>Destination Imagination</b>	Are you creative and interested in STEM based activities? Destination Imagination (DI) is the PERFECT place to explore your passions, discover your unique talents and abilities, and learn new skills. DI teams work collaboratively in the areas of Technical, Scientific, Engineering, Fine Arts, Improvisational, Service Learning and Early Learning to solve challenges and develop creative and critical thinking skills in the process.

### ***INTRApersonal (Focusing on self)***

Interested in: reflection, goal-setting, self-directed projects, journaling, self improvement

<b>Course #</b>	<b>Grizzly Den Course Name</b>	<b>Course Description</b>
81A	<b>Choose to Matter Girls soccer book study (SEMESTER 1 ONLY)</b>	Discussion of the team book- choose to matter by Julie Foudy
3	<b>SAM - Stress Anxiety Motivation</b>	A survey conducted by the American Psychological Society in 2013 found that stress is extremely common especially among teenagers, with school as a major contributor to the unhealthy amounts of angst and stress. The extreme pressure at school that results in harmful stress, anxiety, and depression this den is designed to in doing an assortment of activities and exercises to help students relax give students a chance to figure out what works to help them relax. Sited <a href="https://scotscoop.com/relaxation-motivation-club-encourages-healthy-stress-management/">https://scotscoop.com/relaxation-motivation-club-encourages-healthy-stress-management/</a>
101	<b>Mental Focus</b>	The goal of this class is to help students from multiple disciplines improve their self-confidence and lower stress and anxiety.  During the sessions we will:  -See ourselves as more than students -Learn the importance of subconscious thoughts and habits -Discover the process to unlock mental flow -Learn form failure and develop a growth mindset -Visualize future goals -Learn the life changing effects of gratitude
50	<b>Mindfulness Meditation</b>	Learning to meditate is like learning any other skill. Think of it like exercising a muscle that you've never really worked out before. It takes consistent practice to get comfortable. And it's usually easier if you have a teacher. We've got you covered there.

7	<b>Soft skills, what employers really want you to have.</b>	Do you have trouble talking in front of large groups? Do you struggle to collaborate with others? Do you look great on a resume but tank the interview? If so this class is for you. In this course we will explore the topics of workplace professionalism, public speaking, collaborating with others to problem solve, and will practice interviewing skills.
<b><i>INTRApersonal (Focusing on self) Continued...</i></b>		
30	<b>Self-Care Club</b>	This Grizzly Den will try out different self-care techniques, as well as provide students with resources/ideas for self-care outside of Grizzly Den.
102	<b>Study Hall/Advisory</b>	This Grizzly Den allows you a quiet place to study as well as work with a teacher to help you set goals and achieve them.
72	<b>Golfers: Raise Your Game: Improve your productivity and achieve a higher level of success.</b>	We live in an instant download world, don't skip steps. Basics work. They always have and they always will. Come to create a winning mindset, and progress into new levels of success.
58	<b>Study Skills</b>	Are you falling behind in your courses? Feel like you'll never catch up? Do you need help organizing and staying on track with your assignments/due dates? You've found the place! Keep the anxiety/stress levels down with good study habits and time management strategies.
29	<b>Social Dynamics</b>	Do you have trouble meeting people and making friends? Have you been told to "just be yourself"? This group will focus on social dynamics. What is the best way to approach people? How can you—an introvert—improve your social life? If you have trouble meeting boys or girls, the good news is that it may be your fault. If it is, then you can do something about it right now! Learn to appreciate serendipity. Learn to ask good questions. Learn to listen. Learn how to show the world your best self.
65	<b>Destination Imagination</b>	Are you creative and interested in STEM based activities? Destination Imagination (DI) is the PERFECT place to explore your passions, discover your unique talents and abilities, and learn new skills. DI teams work collaboratively in the areas of Technical, Scientific, Engineering, Fine Arts, Improvisational, Service Learning and Early Learning to solve challenges and develop creative and critical thinking skills in the process.

### ***Linguistic (Words)***

Interested in: Writing, speaking, publishing, reading, vocabulary, word puzzles, puns, humor

Course #	Grizzly Den Course Name	Course Description
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57	<b>Yearbook &amp; Literary Magazine</b>	This den is for CURRENT Yearbook or Literary Magazine students who would like to spend additional, dedicated time on their publications.
99A	<b>Free Reading (SEMESTER 1 ONLY)</b>	Bring your favorite reading material (magazine, book, kindle, etc.) and enjoy some time to relax around other avid readers.
<b><i>Linguistic (Words) Continued...</i></b>		
28	<b>Japanese - Let's Learn it Together</b>	I love the Japanese culture! I even lacked just 9 hours away from a minor in the Japanese language; sadly, as with most things, foreign language falls under the "use it or lose it" category in our brains. I'm inspired to pick it back up! Join me! Let's learn the Japanese language together!
48	<b>Hoax or Haunts</b>	We will be taking a look at historically haunted locations in the United States. We will discuss and learn the history behind the legends. We will also share our own stories of the paranormal through the art of dramatic storytelling and try to determine if it is a Hoax or Haunts!
96	<b>GO ProjectLIT</b>	GO ProjectLIT is part book club, part community service organization. It is a book club made up of students that love to read who will meet throughout the year to read and discuss books written by diverse authors about diverse topics. But is also a group that works together to promote literacy inside and outside of the classroom, and encourage a love of reading in the Grand Oaks community. In addition to reading some awesome books, we will also engage in service and project-based learning focused on literacy.
20	<b>Grizzly Readers</b>	Grizzly Readers will be a book club for those who love reading for pleasure. We'll vote on a YA book, read together, and discuss at each meeting.
86	<b>Dystopian Novels</b>	Book study/group of dystopian novels in connection to our current society
94	<b>Book Growlers</b>	Do you like to read? Let's create podcasts, book blogs, book trailers and connect with real authors and other readers from around the world!
40*	<b>Cine Club</b>	"Do you want to understand Spanish better? Do you you want to sit back, relax and improve your Spanish listening skills? Do you want to learn the lyrics of some of the most popular Spanish speaking songs? Come and join the Cine Club with Sr. Gueits



55	<b>Exploring Hispanic and Latino Authors</b>	Looking to know a little more about your heritage or that of your friends/family? In this Grizzly Den, we will research and read a variety of books by Hispanic and Latino authors. We will sample authors such as Gary Soto, Pablo Neruda, and Gabriel García Márquez...just to name a few! If you enjoy literature and learning more about yourself through reading, this Grizzly Den is for you!
56	<b>Sociedad Honoraria Hispánica (National Spanish Honor Society)</b>	The Sociedad Honoraria Hispánica (SHH) is an honor society for high school students enrolled in Spanish, sponsored by the American Association of Teachers of Spanish and Portuguese. The mission of the Sociedad Honoraria Hispánica is to recognize high school achievement in Spanish and to promote interest in Hispanic studies. This Grizzly Den is for 2019-20 accepted members only. This will be time to build relationships with your fellow Chapter members conduct society business. Miembros del capítulo Reina Isabel, "¡Todos a una!"
<b><i>Linguistic (Words) Continued...</i></b>		
52	<b>World Schools Debate</b>	Current members enrolled in Debate class come together and discuss current topics on the World Schools Debate agenda. Time to research, spar and work as a team collective
65	<b>Destination Imagination</b>	Are you creative and interested in STEM based activities? Destination Imagination (DI) is the PERFECT place to explore your passions, discover your unique talents and abilities, and learn new skills. DI teams work collaboratively in the areas of Technical, Scientific, Engineering, Fine Arts, Improvisational, Service Learning and Early Learning to solve challenges and develop creative and critical thinking skills in the process.

### ***Logical***

Interested in: Math, Engineering, Games, Puzzles, Experiments, Mysteries, Business, Technology

<b>Course #</b>	<b>Grizzly Den Course Name</b>	<b>Course Description</b>
89	<b>Bear Claw Squadron - Drone Racing</b>	The BCS is an established Drone building and flying club. We fly competitively against other high schools in the district. Looking for builders, programmers, and flying Aces!
16	<b>GOHS ELeague (Competitive Video Games)</b>	Smash Bros to Overwatch, Mario Maker to Counter Strike, challenge your friends to claim victory in the Online Battlefield!
36	<b>Show ME the MONEY!</b>	Are you thinking about going to college? How would you like to graduate college without student loan debt? Would you like to learn how to pay cash for everything, how to become a millionaire in your 40's, and how to retire with enough money to buy your own island? If you would like to learn how to live like no else, then join the Grizzly Den that will show you a financial future that most ADULTS only dream about!


14	<b>Competitive Tournament Gaming</b>	Come hone your skills and flex your talents in games like Super Smash Bros., Dragon Ball FighterZ, and more competitive fighting games! We will play tournament style, free-play, and practice.
44	<b>UIL Computer Science</b>	The Computer Science contest challenges students to study a broad range of areas in computer science and has both an individual and a team component.
37	<b>UNO TIME</b>	UNO time is a fun card game where you must interact with other students in a cell phone free zone!
91	<b>Arduinos (FEE: requires \$70 Arduinos Kit purchase)</b>	Are you curious about how digital devices like an LCD screen get built or programmed? Are you interested in building interactive projects? If so this is the place for you! Arduinos will teach you how to build and program small electronic devices such as lights, buttons, buzzers, key card readers, remotes, and turn them into projects such as a whack-a-mole game or an alarm clock. All students interested in taking Arduinos for Grizzly Den will need to provide their own Elegoo Arduinos kit which is approximately \$70. <a href="https://www.elegoo.com/product/elegoo-uno-r3-project-complete-starter-kit/">https://www.elegoo.com/product/elegoo-uno-r3-project-complete-starter-kit/</a>
<b><i>Logical Continued...</i></b>		
95	<b>Play Chess - Beginner or hone your skills to chess Master</b>	Chess is a centuries old game that builds incredible brain skills, memory, and strategy. Whether you are a beginner and want to learn this exciting game or if you just want to practice and make yourself better and become the champion of GOHS, bring your chess set and join others to have fun, learn new strategy, and show your competitive chess skills. You only get better by playing other skilled players so join now and have fun while building your brain.
27A	<b>Constructive Chaos (SEMESTER 1 ONLY)</b>	Whether you like building & engineering challenges, Lego kits, or freestyle fun put your construction skills to good use. We'll use materials such as Legos, Lincoln logs, PVC, and good old cardboard boxes or spaghetti noodles to construct stuff big and small. Put your imagination and engineering thinking caps on and come join the Constructive Chaos.
9	<b>Grizzly Card Games</b>	Grizzlies will participate in card games such as UNO, Egyptian Rat Screw, Rook, Phase 10, and Five Crowns. Students will practice critical thinking in the most fun way possible!
69B	<b>Grizzly Board Gamers (SEMESTER 2 ONLY)</b>	This group focuses on having an enjoyable, entertaining time with a little friendly competition. We have lots of fun while enhancing our memory, problem-solving, and goal-setting skills as we play a variety of classic and new board (and card) games.
21	<b>According to Hoyle! Who is Hoyle?</b>	Learn and play card games including Hearts, Spades, Euchre, and others. These games are played across the country and will endear you to future roommates as you search for ways to pass the time between study sessions.
43	<b>The Game Room</b>	Come play Board Games & Team Building Activities!
22	<b>Welcome to the Thunderdome: Tabletop games</b>	Want to dominate your enemies as you plan their destruction? Or is it your desire to stomp out disease with a rag tag team playing against the microbial/viral countdown? From Dominion to Werewolf, from Splendor to Pandemic, let's play.

46	<b>Nintendo Games</b>	Play Nintendo video game consoles from the original NES to the Switch. The main focus of the club will be playing with your friends and tournaments in such classics as Super Smash Bros and Mario Kart. So if you like playing those Nintendo games both old and new this is the club for you.
4	<b>Retro Role Playing Games</b>	Think Dungeons & Dragons AD&D, Gamma World, Fantasy Fiction and Renaissance.
103	<b>Strategic Thought Awareness</b>	Love puzzles and games that require strategy? Join this Grizzly Den and let's think, analyze, and evaluate various strategy games.
65	<b>Destination Imagination</b>	Are you creative and interested in STEM based activities? Destination Imagination (DI) is the PERFECT place to explore your passions, discover your unique talents and abilities, and learn new skills. DI teams work collaboratively in the areas of Technical, Scientific, Engineering, Fine Arts, Improvisational, Service Learning and Early Learning to solve challenges and develop creative and critical thinking skills in the process.

### ***Music***

Musical instruments, listening, recording, poetry, songs, producing (DJ)

<b>Course #</b>	<b>Grizzly Den Course Name</b>	<b>Course Description</b>
42	<b>That's classic!</b>	Do you love classic TV shows, movies, or music? If you said yes, then this class is for you. We will explore various types of music, films, and television shows that were made from the 1930's through the 1980's. Come sing, dance, or have a good laugh in this "classic" Grizzly Den.
33	<b>Glee Club</b>	Yes, it's coming to Grand Oaks.....the Glee Club!!! If you have a song in your heart and love to sing the beloved oldies to current pop songs, than this is the group for you. We are a performing group, so be prepared to put your best foot forward.

66	<b>Aspiring Musicians Club</b>	<p>Do you sing, rap, write songs, or play an instrument? Are you a DJ or a producer? Do you have a home studio? Are you thinking about pursuing a career in the music industry? If the answer to any of these questions is “yes,” then join the Aspiring Musicians Club here at Grand Oaks. We do it all from Hip-Hop to Country to Rock and Jazz--then we mix it up! The purpose of the Aspiring Music Club, or the A.M.C., is to create an environment where serious aspiring musicians can meet, exchange ideas, showcase their talents, and collaborate and support each other. If this is you, please come see Mr. Burke, in room 2127 for more information.*</p> <p>*-This Grizzly Den requires an application process and approval from Mr. Burke. Fill out application here <a href="http://tiny.conroeisd.net/Fni7b">http://tiny.conroeisd.net/Fni7b</a></p> 
35	<b>Old Music</b>	We will explore music from the 20th century and earlier through critical listening, research and discussion
53	<b>Classic Rock &amp; Heavy Metal Appreciation Club</b>	Open to musicians and non-musicians; an exploration through rock, hard rock and heavy metal history, from the biggest bands to the lesser known groups; plenty of listening to albums, viewing live performances, debates on which groups are better, as well as playing/learning the music for any musicians in the club!
53	<b>Orchestra Practice &amp; Performance Method</b>	A chance for Orchestra students to put in practice during the week! Record your playing tests, learn practice strategies, get one-on-one Region help, or just free practice. Open to ALL Orchestra members!
83	<b>Varsity Mixed Choir</b>	Varsity Mixed Choir with Mr. Smith.
<b><i>Music Continued...</i></b>		
67	<b>Film soundtracks and the movies they belong to</b>	Are you interested in classical soundtracks? Can you recognize movies just from hearing the music? If so you might enjoy our film soundtrack class. From composers such as John Williams to Lin-Manuel Miranda, we will listen to a variety of soundtracks and then watch the films themselves in a relaxed environment.
65	<b>Destination Imagination</b>	Are you creative and interested in STEM based activities? Destination Imagination (DI) is the PERFECT place to explore your passions, discover your unique talents and abilities, and learn new skills. DI teams work collaboratively in the areas of Technical, Scientific, Engineering, Fine Arts, Improvisational, Service Learning and Early Learning to solve challenges and develop creative and critical thinking skills in the process.

## **Nature**

Interested in: Science, outdoor experiences, plants/animals, cooking, pets, environmental topics

<b>Course #</b>	<b>Grizzly Den Course Name</b>	<b>Course Description</b>
98	<b>GOHS Science Fair</b>	<p>Over 1,500 students from across Conroe ISD participate in the Chevron Phillips Chemical Senior High Science Fair and the Entergy Junior High Science Fair, the District's science fair, on Friday, February 2, as part of the Education for Tomorrow Alliance's (EfTA) SCI://TECH event series.</p> <p>For this event, the largest science fair in Texas and one of the largest in the nation, seventh through twelfth grade students submit research projects in one of the life science or physical science categories. Volunteer judges then ranked the students on their research and presentation skills.</p> <p>Science Fair in the senior division requires students to independently develop and conduct a research project.</p>
26A	<b>Science Bowl (SEMESTER 1 ONLY)</b>	if you enjoy all sciences and showing off your quick reflexes this is for you! We will be preparing for the science bowl, which happens in January, during Grizzly Den. We made it to the second round last year and can't wait to see how far we'll go this year!
17	<b>FFA</b>	In the Grand Oaks FFA Grizzly Den, we will provide opportunities for our student FFA members to develop and train for our LDE and CDE competitions. We will also have the opportunity for our FFA Officers to meet and work together with one another and collaborate on their ideas for FFA meetings, events, and other opportunities.
23	<b>Multi-cultural Foodie Club</b>	Do you love food? Do you enjoy trying new types of cuisine? Come expand your mind & your palette while we look at different cultures and foods from around the world!
97	<b>OFFSHORE SPORT FISHING ANGLERS</b>	The Offshore Sport Fishing Angler Grizzly Den would like to invite all anglers, sportsmen and women to join the experience of Saltwater fishing.
65	<b>Destination Imagination</b>	For the creative and those interested in STEM based activities.

## **Visual/Spatial (Arts & Crafts)**

Interested in: drawing, painting, sculpture, photographs, video, art, crafts, fashion

<b>Course #</b>	<b>Grizzly Den Course Name</b>	<b>Course Description</b>
26B	<b>The coloring book club (SEMESTER 2 ONLY)</b>	Need some time to relax and not be stressed? Want to bring our your creative side? Come color and read during grizzly den! We'll alternate between coloring and reading/discussing a selected book.
18	<b>GOHS Quilters Competition Team</b>	GOHS Quilters use their sewing skills to create a quilt and quilt projects for local competitions, including the Montgomery County Fair. Students are responsible for their fabric and patterns.
8	<b>Sensei's Home of Anime</b>	Sampling a variety of anime current and past

24	<b>The Ancient Art of Origami</b>	Origami is the art of paper folding, which is often associated with Japanese culture. We will create animals, flowers, and objects just by folding paper. This will be a creative and relaxing Grizzly Den!
92	<b>Throw Back to the early 2000's</b>	Do you love Gel Pens? Do you create fun and cute headings on your notes? Do you like sharing memories with your friends? Do friends ask you to write them things in your hand writing? When you hear a song or an inspirational quote do you immediately think of a friend or family member? Do you like inside jokes? If you answered yes to any of those questions my Grizzly Den is for you! In the "Throw Back to the early 2000's" Grizzly Den you will create "signs" or "notes" using your creative genius. You will do what all high school students used to do before cellphones and social media existed. You will use gel pens and other unique writing tools to create memories to share with friends and family. You will get the chance to do what you see in all the teen movies!
73	<b>Smart Shopping</b>	Do you like the outfits celebrities wear but don't like the price tag that comes with it? This class will allow you to find those outfits for less by exploring sites and reading reviews to make sure you're getting that high quality look for a low cost!
74	<b>Comics and Art: Making Comics and Comic influenced Art</b>	Do you want to make a comic book, art book, artwork, graphic novel or comic strip? We will look at creating comics and art using traditional and non-traditional methods. Take your ideas and stories and make your own comic book or work of art. If you like Pop Art or comic art then come make some. If you are already working on your own comic then come work on it here.
38	<b>Rotten Tomatoes</b>	Come be the next movie critic on our very own Grand Oaks' Rotten Tomatoes! Enjoy movies from different genres and generations while also getting to debate and rate the movies you watch.
11	<b>Starting a Blog/Youtube Channel</b>	Are you an expert blogger or Youtuber? Do you want to teach or learn how to be one? So do !! Let's learn together!
<b><i>Visual/Spatial (Arts &amp; Crafts) Continued...</i></b>		
60	<b>The Social Knitwork</b>	Have you always wanted to learn how to knit? Come learn the basics of knitting! We will begin by making a simple garter stitch scarf or ribbed scarf, depending on your level. Join the fun in a relaxed and friendly atmosphere! Required supplies: A set of knitting needles and your choice of yarn. The pattern will be distributed at our first meeting along with where to buy your supplies.

65	<b>Destination Imagination</b>	Are you creative and interested in STEM based activities? Destination Imagination (DI) is the PERFECT place to explore your passions, discover your unique talents and abilities, and learn new skills. DI teams work collaboratively in the areas of Technical, Scientific, Engineering, Fine Arts, Improvisational, Service Learning and Early Learning to solve challenges and develop creative and critical thinking skills in the process.
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