

GRIZZLY GAZETTE

OCT 2021

COUNSELORS NEWSLETTER FOR PARENTS

(281) 939 0016 / <https://gohs.conroeisd.net/departments/guidance-counseling/>

CISD COLLEGE FAIR - TUESDAY 10/12

The Conroe ISD College Fair will be Tuesday, October 12th from 6:30 to 8:30 at the Lone Star Convention Center. This is a great opportunity for students and parents to meet with college representatives to learn about the programs available at different colleges. Over 150 schools will be represented in person. Students can pre-register for this event to get a bar code to be scanned by College Recruiters for additional information and contact.

Pre-Register here:

<https://falltacrao.swoogo.com/Registration>

and choose Monday, Oct 11, 2021 Houston II



COLLEGE NIGHT 2021
TUESDAY, OCTOBER 12TH
6:30 PM-8:30 PM

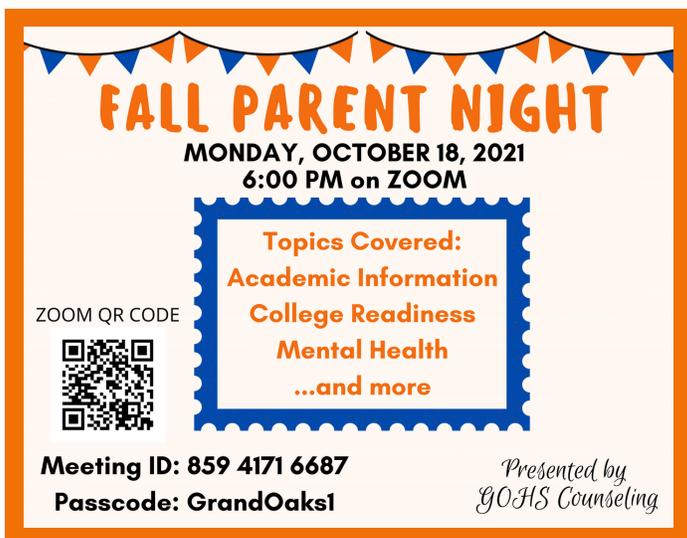
CONTACT YOUR SCHOOL'S COLLEGE & CAREER CENTER
FOR MORE INFORMATION

LONE STAR CONVENTION CENTER
9055 AIRPORT ROAD
CONROE, TX 77303

SPONSORED BY CONROE, MONTGOMERY & WILLIS
INDEPENDENT SCHOOL DISTRICTS

The poster features logos for Conroe ISD (a red apple), Montgomery Independent School District (a star), and Willis Independent School District (a 'W' with a map of Texas). It also includes a photograph of students sitting at desks in a classroom.

FALL PARENT NIGHT - 10/18



FALL PARENT NIGHT
MONDAY, OCTOBER 18, 2021
6:00 PM on ZOOM

Topics Covered:
Academic Information
College Readiness
Mental Health
...and more

ZOOM QR CODE

Meeting ID: 859 4171 6687
Passcode: GrandOaks1

Presented by
GOHS Counseling

The poster has an orange border and a decorative banner at the top. It features a QR code for the Zoom meeting and lists the topics to be discussed during the event.

The GOHS 4th Annual Fall Parent Night will be held Live on ZOOM on Monday, October 18th at 6:00 PM. This year's presentation will be in a Q&A format based on the Parent Survey from September which indicated that parents want to know more about Academics, College Readiness, and Mental Health. In addition, "Break out Sessions" will be available on the GOHS Website for those wanting to gain further information about specific topics such as Endorsements, GPA and Rank, Four Year Plan, and what to expect during each year of High School.

Click here for link to Zoom:

<http://tiny.conroeisd.net/CWaQg>

SUICIDE PREVENTION & INTERVENTION

During September, GOHS Counselors visited 136 classrooms to speak directly with each Grand Oaks student in a smaller classroom setting about Suicide Prevention & Intervention. *RU OK?* and *You Matter* were strong themes in the presentations. Students were not only encouraged to ask for help if struggling with depression or anxiety but to also check in with their peers if it seems someone is having a bad day. Students should always let an adult know if they are concerned about the well being of a classmate. CISD Counselors work with the *whole child* which includes helping students with mental health issues.

If you are concerned about your child's mental health, please reach out to a GO Counselor. We will gladly provide support for your child at school and also offer you resources to find outside of school help.

For more information on Suicide Prevention and Intervention please see the following links:

- [What Can Parents do to Prevent Youth Suicide](#) (Article)
- [Society for the Prevention of Teen Suicide](#) (Website)
- [CONROE ISD Referral Sources](#)

HOMELESSNESS IN CISD

The Grand Oaks Feeder Zone has a growing number of homeless students due to hurricanes, lifted moratoriums, family problems, and the economy. Because of this, GOHS has welcomed Christina Ramos to our campus to work specifically within the Grand Oaks area with students identified as homeless. A licensed Social Worker, Christina helps families connect with needed services, navigate government programs and paperwork, and give extra care and attention to students impacted by their family situation. Christina has been instrumental in acquiring services for our 12th grade students who want to attend college. She helps with completing the FAFSA, navigating college applications, and finding resources to donate dorm necessities. She has worked in conjunction with GOHS PTO to raise money through the [Grab-a-Grad](#) program. Money raised will help pay for senior fees, college application fees, and much more.

Recently, Christina was spotlighted in *SchoolHouse in Session* magazine regarding her work. [Click here to read the article.](#)

For more information on homelessness and our children visit the NCHE at [this link](#).

Article: [10 Things You Can Do to Help the Homeless](#)

**Just a reminder in case your mind is playing tricks on you today;
You Matter. You're Important. You're Loved.
And your presence on this earth makes a difference
whether you see it or not.**